**LEWIS & CLARK HIGH SCHOOL—Letter of Recommendation**

**SENIOR SELF ASSESMENT FORM**

**NAME:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_COUNSELOR:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Post-High School Pathway information:**

1. Check the box indicating your expected pathway after graduation:

🞎 Military 🞎 2-year college 🞎 4-year college/university 🞎 Certificate/Technical program 🞎 Other

1. Do you have a specific destination(s) you are considering? (i.e. specific school/military branch)

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1. Do you have a specific area of study or job you plan to pursue?

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1. I will be completing the FAFSA and applying for financial aid 🞎YES 🞎NO
2. I will be the first in my family to attend college 🞎YES 🞎NO
3. Cum GPA: weighted \_\_\_\_\_\_\_\_\_\_\_\_ unweighted\_\_\_\_\_\_\_\_\_\_ Class Rank Percentile \_\_\_\_\_\_\_\_\_\_\_\_\_
4. SAT / ACT score (if taken)­­­­\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
5. List two LCHS teachers who know you well and might also be writing letters of recommendation for you: A. B.

***\*The commitment and depth of your responses to these questions will assist in a more thorough recommendation.\****

**PART 1 - RESUME BUILDING INFORMATION:**

List your involvement in activities and/or experiences that are MOST IMPORTANT TO YOU. (Include frequency)

In the classroom at Lewis & Clark:

Beyond the classroom, but at Lewis & Clark:

OUTSIDE Lewis & Clark High School:

List any accomplishments or leadership roles in these activities IN ORDER OF IMPORTANCE TO YOU:

**Describe specific examples of**

JOBS YOU HAVE HELD - describe your duties/responsibilities and give dates:

PERSONAL STRENGTHS/SPECIAL SKILLS - some specific area where you are especially qualified:

**\*SENIOR SELF REFLECTION FORM (High School & Beyond Plan Graduation Requirement)**

**– PART 2 – Complete with Part 1 for any Letters of Recommendation**

\*This form should be submitted to your recommender/s at least TWO WEEKS prior to your due date.

List two adjectives others might use to describe you. Give a brief example to support that description:

1.

2.

Rev: 3/24/22

Describe a moment/event when you “gave back” or “paid it forward.” (This helps describe your teamwork/empathy/selflessness.)

Describe a moment/event when you advocated for yourself. (This helps describe your independence/courage/individuality)

If you had a free, unscheduled 3 hour block of time, how would you use it? (This helps describe your personal interests.)

Help your recommender understand a personal challenge you overcame or an area in life where you are trying to improve:

Why do you want to go to college? (Or get this job?---depending on who the LOR will go to.)

Recommender’s Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_DUE DATE for the letter:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_